

Cross References for Avoidance

Manghetti
Menstruation + Child Birth

pm. June 2
1953

! Naisi - fa gasa
+ gao poms
! gasa

avoidance of stembuch they avoid it
to prevent distention of the abdomen.
They might get constipated and die.

Demi
gaw
Geo kundubol

Do girls avoid stembuch too? Yes.
Same as boys. Do S. buel have distended stomachs
no - but it has a !gobi. (!Dobi) - this is constipation

! Naisi (like
birds)

Do either girls or boys avoid duiker.
Girls choa duiker. They avoid to prevent
their skins from becoming hot. Duikers
are easily irritated by heat.

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(They are chasing the boys away. Sedimo
does not know why. They have been here
all pm. Ashed. Why. They say they need
want them to go to get something. It
is not their listening here they object to.)

Ostrich eggs are avoided by both boys
and girls. Why? Could they explain? If
they eat an o. egg they become mad, ^{and run} away.
Could they say what substance makes this
happen. They say it is Chi doli - eaten
only by adults. Have the old people any
explanation as to what it is about the o. egg
that would make them mad? They say
they did not say. Only told them to avoid.

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Is it only o. eggs or any egg. Only o. eggs.
Is there an ostrich dance like gnaffe
No. No medicine - Do they know any
people who have? No

L

Do girls have a different structure
to prevent infection of the uterus
that might get complicated and die.
Do girls have a different structure
to prevent infection of the uterus
that might get complicated and die.
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to prevent infection of the uterus
that might get complicated and die.

female
male
male
female

Do girls have a different structure
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Food + 10005

Semi gam gam h. B. Kluau wa lodimo pm. June 3 1

What do animals eat:

eland - eat trees branches leaves. tsi? No
 they eat the root of tsi cha, dama
 Gemsbuck too " " " " " " cha ha

they eat & || ko a sort of plant with
 leaves. People do not eat it.

Stein buck - eats leaves + branches
 quaffes " leaves " "
 Buikers also " " " + roots
 Kudu " leaves " + plants by the water
 hole.

gumae fowl eat iqan untjies
 Some animals eat their food.
 Buikers eat their food tsi iqoa gama
 cha ha Koli

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Has what the animals eat anything to do with whether the animal is avoided or not by people women men etc. This has nothing to do with avoidance.



Did they ever hear of people eating human beings? They laughed a little at this.
 They never heard of that. What would they think of that. Demi says he heard long ago that Europeans eat others. Did he hear they ate other Europeans or other people? Other - Not Europeans. I described ritual cannibalism as something I heard of as happening far away and long ago. They never heard of anything like that I asked. Demi said he did hear from the old people of something like that. Did the old people say where the people were who ate others? They said away to the north. Did they say what color they were? They were Bushmen. But that was very, very long ago.

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Do boys + girl fast before they choa
after the ceremony on the day, choosing they take
they men to find veldkos. While on this trip
they do not eat anything. Then they choa the
food. They may drink water this day before they
choa.

Would a girl refrain from eating on the day
before she choas the tsi? She is not stopped
from eating other foods, only the ones she choas.
Can she drink water at any time at this period?
yes. Do the girl washed before she choas?
She choas first and then is washed by the
choasing process.

What animals are not eaten by man
woman child - Nobody eats?
lion hyaena tiger wild dogs wild cat.
Are these animals that men never eat whether
boys y. men or old men. No. They eat but
zebra. some do not eat some do. } ^{see} below
ostrich .. } ^{Volunteers}
Buffalo
jackal Some women eat some do not
Men never do.
snakes some men eat others do not
" women "

What would be a reason for some eating
ostrich + others not? Those who do not
eat it think they may get mad.
It does not follow by families, mother may not
children may eat. ans to ques. What reason
for one person fearing to go mad, and then not?
It depends on the smell. Some do not like
the smell of an ostrich. If a man, when he smells

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p.m. June 3 #

Demi
gaa.
gaa

An ostrich thinks he may have a headache
he is afraid it might make him mad.
Same for buffalo. It smells very bad.
Smell of jackal too? " " bad.
Zebra It smells bad.

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Do stien buck or deer smell bad? No
Does stomach of a stien buck " " No.

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Tortoises. all eat. Except gila. smell o.k.
snakes. smell? some smell bad others o.k.

Birds - Are there some that are eaten by some not the
geese. some eat some don't

flamingos - never eaten - taste bad. chi doo

vultures - " " smell bad

pouwe eaten - except girls and boys
what happens if they eat. they would
go mad.

ostrich. Do boys & girls avoid. No some eat some not
quack fowl - eaten by all.

L

Girls. all leaning on each other back
in a line. also picture
they all fall down.

Another game. girls stand in line
one facing the line.

one from line joins other facing
& they dance a jiggle
up & down & cross
their raised arms. House in dog-
sun
fire

Demi
Ganold
Sedimo

you. h. 1/2 Bo has jomic.

p.m.

June 3
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There are some people called Igai da
on the far side of the river are said to have
eaten people.



When a hunter kills an animal does he avoid
skinning the animal? There is some one else to
do it? No. does not avoid to skin. Demi
says the hunter is the main man to do it.
Others help.



Suckling place where arrow had been. could they
explain that? of John's account of griffe.
A person may drink the blood that way if
he is thirsty.

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Am.

June 5

Is there any avoidance of salt

mens. girl?

choa it?

Girls do not avoid salt at all. But boys often
choa the salt. That is the med time.

If they did not choa salt what wld be effect?

Nothing wld happen.

What more could they tell me about salt?

They all talk at me. (more women have
come to listen) Kkwova! na commanded that

they should see salt. Note how often they
say see^x is salt honey or animal. or what^{ave.}

Is there any story of man not having salt
in the beginning - comparable to fire story

Salt was given to people like ueldkot & they
were given the knowledge. There is no story
of salt.

x of see tobacco in these notes

Remember they leave
leaves on the enclosure pole.

Sweat

More about world below this?

Water