

Address to be  
added to list  
The



2018.9.1

EqM. USLD FOOD

Yellow I over the field

APPROVED

20.50

There is another  
folder on Veldkos  
of Elizabeth's Notes

It was Xeroxed  
Jan 1967 but  
was never put into  
typed file. This is  
to do.

Jan 1967

222

/amma	
chang	
cha ha	
chao	
chung	
da	
dama	
doli	
/ga	mangettis
//ga	
!gama	
gama kolo	
#gao	
//gara !gum	
g!au	
g!ei	
#gha /hwe	
/ghui	
#go	
//go gu	
//goi yu	greens, like spinich, of rainy season
/goli	
golu	
!gom	a beetle
!goro	
!guara !gai	
guey	
/gui, /gui ssibi	sivil beans
gum	tree sap, many kinds of this
!gwa	
//gwashi	
/gwoa	
#in #goa	
jo cha	
kae	or gae, marula nuts
kai toa	
kamma koro	
//karu	
khu kum	
/m	baobab
mai	<i>to protect graves</i>
n/	
#na	
!na na	
namta shwora	
nau wa	
n/hwi	
/ni	
!ne	
nora	
n/ora	
/numshay	
/ora	
//ore	
!oro shay	
!qui toa	
sha	
tsei	iguana
tsi	eland beans
#um	

VELD FOOD Ch. —

(CHILDREN 1) Some trees around gau. have fruits but the children trouble the fruits + do not leave them to ripen. This is bad. No one suggests doing anything about it, however.

see sky - p. 1 for chum plant.

(MANGETTI) mangetti forest free from brush - but on the white sand occasional lillies grow. There are shrubs like laurel - with 5 leaf cluster - and little white stars of blossoms. The mangetti trees grow apart 100' to 200' - One sees the whole with their flat tops + smooth bark tinged grey + yellow. The we saw + heard no animals but saw the tracks of bucks on the sand. Handsom black beetles stalk us, + milepods + little orange footed slender long-tailed lizzards -

misprint - see Hunting p. 5 - Mangetti - sequel. Tome sat by while people shoved at each other to get at the pile. He made a speech to say "you all like food so there are the mangettis - take them + eat. The mangettis in this bag are enough for me." He was angry because the people made such a roar that they couldn't hear what he said. The people who stayed home said the mangetti forest belonged to them. The people who went said the mangettis forest belonged to them. Tome said the people should have waited, opened their ears + listened. Then he said he wouldn't snake any quarrel about it bec. people were only talking like that bec. they were hungry. So he sat quietly. They should have had a rest first - the people who went were tired. Tome, who had someone fill his bag for him said next time he would ask Gani to fill his bag for him, + none of no Bushman would touch it. He has had enough of this from the Bushmen. As it ended - everyone drifted away quietly without loud recriminations - One large pile belonged to

(Mangetti) Di'ai + Itaga - co wives of Gao med - turned one large pile - they then took <sup>fully</sup> charge, divided them calmly, cooperating + talking together. Can't count this: the sit was out of the pattern & I had no mechanism in his own behavior to handle an unaccustomed situation -

Those who went -

# Goma

1 Ori lazy

Gao med

1 Ori hunter

1 Ori ♀ Δ

1 Ori husb of Khega, dau of Gao

Di'ai

Itaga

1 Nai

K hao - dau of Gao scarf.

# Nisa - " Gao med.

1 Qi'ge  
Tsamko

Gao - h - Gasa.

Ti//k hao

Gao knee

# Gao IX

Tsamko bro Ti//k hao

Gu'goc

1 Ori h - of dau of

# Gao above

252 Nuts ~~for~~ boiled + peeled or roasted + cracked

252 Look like almonds - Have first a brown, thin skin - dry - inside that a granular, white substance - sweetish + consistency of hard sugar edible - inside is the ~~kernel~~ <sup>nut</sup> - size + shape of an almond with the same kind of shell with little holes in it - but hard. Inside that is a dark, hard skin, like the skin of a Brazil nut + inside that is the kernel, tasting like a Brazil nut, looking like an almond

B. Pick up nuts that are lying on the ground - moving swiftly - picking bending forward, with their hands - sometimes with their toes in which case they lift the foot behind & take the nut from their toes -

# V. FOOD p. 3

312 also - another use for mangetti - the bees hold water  
53, + the young girls draw designs for aprons on  
the bark + the branches - thick make (Guashay -  
The body of the instrument is mangetti - has 5 strings.  
53, (the outer 4 strings are di ♀ but the central one  
is male.) ~~the~~ women do not play the fifth string  
bec. they don't know how. some do learn, however.  
Women cut ♀ bees -

Certain songs belong to the "Guashi" which are not dance  
songs - medicine songs.

784  
881  
(MARRIAGE) - If a girl is choking food they paint her face  
+ press her heart which is in her throat so that  
the heart may be ~~hardened~~ hardened + strong  
to keep the avoidance until the food is choaed.

3, 2  
(MISC II) - ~~the~~ Water: almost every person has a mangela  
tree off somewhere that he has hollowed out <sup>where the branches</sup> ~~out~~ <sup>make</sup> a V.  
which will collect <sup>rain</sup> water during the rains and  
can be used in the drought.  
\* The hole is about 12' deep - 6" in diameter - goes down  
near the roots - ~~from~~ ~~the~~ <sup>Rain</sup> saved here until the  
dry season - They use a tin can like a  
little bucket + ~~then~~ lower it with a string  
made of aloe fiber To draw the water out.

Roughly 60 kinds although these are not used at all seasons -  
~~some~~ some are exclusive to the rainy season.

9  
E.M. VELD FOOD

Folder I see other folders

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